

Curriculum - First Kick Activity # - 8

Game Title:	Prince and Princess	Game Theme:	Colors
Learning Outcome(s):	Running and dribbling		



## Organization:

- 1. 20 x 20 yard area set up as shown
- 2. Disc Cones
- 3. 1 ball per player
- 4. Picture cards (see below):
- Cinderella and Prince Charming Cinderella
- Tiana and Prince Naveen The Princess and the Frog
- Aurora and Hakeem (stable boy) Princess Enchanted Tales: Follow your dreams
- Ariel and Prince Eric The Little Mermaid
- Belle and the Beast Beauty and the Beast
- Jasmine and Aladdin Aladdin
- Pocahontas and Captain John Smith –
  Pocahontas

## **Story/Description:**

- 1. The coach tells the story of a Prince and Princess, this can be any one of the stories listed above
- 2. The coach is the story master and tells the children of the Prince and Princess that are lost in a magic kingdom (in the area under a cone)
- 3. The children are shown a picture of the Prince and Princess
- 4. The children must run out into the magic kingdom to find the Prince and Princess
- 5. Girls must look for the Princess and boys must look for Prince
- 6. When they find the Prince and Princess (correct playing card) they must bring this back to the castle (red area)

## **Coaching Points:**

- 1. Don't forget to turn the cone back over after you look
- 2. Don't forget what the picture looked like only bring the Prince and Princess from the story
- 3. Run as fast as you can back to the castle when you think you have found them

## **Developments:**

- 1. Give the players a tip by having one color mentioned in your story then hide the card under that color cone
- 2. Player must now ride their horse (soccer ball)
- 3. The first player to find the correct card becomes that character